

## CREAMS

### DEVIL'S CLUB CREAM

*For the relief of joint inflammations and muscle pains of Arthritis, Rheumatism and Gout.*

**Ingredients:** Oplopanax h. (Devil's club), Harpagophytum p. (Devil's claw) Urtica u. (Stinging nettle), Purified water, Emulsifying wax NF, Stearic a., Citric a. & Silver citrate.

**\$25.00 /120 ml or \$45.00 /240 ml**

### CRAMPING & PAIN AWAY CREAM

*This unique cream contains Veratrum viride or Indian Hellebore. For the use of sore, over-used, strained, inflamed & aching of muscles, ligaments, bones and joints.*

**Ingredients:** Veratrum v. (Indian Hellebore) tincture, purified water, Emulsifying wax NF, Stearic a., Citric a. & Silver citrate.

**\$25.00 /120 ml or \$45.00 /240 ml**

### SKIN CREAM

*This soothing blend of Herbs helps with minor cuts, controls the itching and irritation of Eczema, Psoriasis, Hives, Rashes and Rosacea.*

**Ingredients:** Inonotus o. (chaga), Abies b. (Balsam Fir), Arctium l. (Burdock root), Pine tar, Purified water, emulsifying wax NF, Stearic a., Citric a. & Silver citrate.

**\$25.00 /120 ml or \$45.00 /240 ml**

### COMBO CREAM

*This unique cream contains Indian Hellebore and Devil's Club. For the use of sore, over-used, strained, inflamed & aching of muscles, ligaments, bones and joints from injuries, surgeries and arthritis.*

**Ingredients:** Oplopanax h. (Devil's club), Harpagophytum p. (Devil's claw), Equisitum a. (Horsetail), Veratrum v. (Indian hellebore), Purified water, Emulsifying wax NF, Stearic a., Citric a. & Silver citrate.

**\$25.00 /120 ml or \$45.00 /240 ml**



### DR. JEANNE'S ANTI-WRINKLE CREAM

*This formula helps reduce the signs of wrinkling. It soothes, moisturizes damaged facial tissue and helps in collagen repair.*

**Ingredients:** Vit. C., Hyaluronic acid, Alpha-lipoic acid, GH3, Nigella s. (Black seed), Alnus r. (Alder bk.), Plantago m. (Plantain), Rose hips, Jojoba & Kakui oils, Purified water, Emulsifying wax NF, Stearic a., Citric a. & Silver citrate.

**\$25.00 /60 ml or \$45.00 /120 ml**

### DEEP MOISTURIZING SKIN CREAM

*To effectively protect, heal and nourish skin.*

**Ingredients:** Cocus nucifera (Coconut oil), Aleurites moluccana (Kukui Oil), Betula lenta (Birch stems), Alnus r. (Alder), Vitamin C., Citric a. & Silver citrate.

**\$25.00 /60 ml or \$45.00 /120 m**



### WISE WOMAN'S CREAM

*The cream is formulated as a Hormonal balancer to alleviate both premenstrual and menopausal symptoms.*

**Ingredients:** Phytolacca a. (Poke root), Vitex agnus castus (Chaste tree), Cimicifuga r. (Black Cohosh), Dioscorea v. (Wild yam), Purified water, Emulsifying wax NF, Stearic a., Citric a. & Silver citrate.

**\$25.00 /60 ml or \$45.00 /120 ml**

### WOUND CREAM

*For the after effects of burns, open sores and open skin wounds.*

**Ingredients:** Aloe v. (Aloe), Echinacea p. (Purple Coneflower), Portulaca o. (Purslane), Plantago m. (Plantain) Hydrastis c. (Goldenseal), Purified water, Emulsifying wax NF, Stearic a., Citric a. & Silver citrate.

**\$25.00 /60 ml or \$45.00 /120 ml**

### ARNICA MONTANA CREAM

*For the after effects of bruised, injured, over-used tissues and muscles.*

**Ingredients:** Arnica montana (Arnica), Symphytum o. (Comfrey) Plantago m. (Plantain) Emulsifying wax NF, Stearic a., Citric a. & Silver citrate.

**\$25.00 /60 ml**

### ANTI-VIRAL CREAM

*Used to alleviate outbreaks of sores and heal wounds that are difficult to heal.*

**Ingredients:** Myrrha commiphora (Myrrh gum), Alnus r. (Alder), Portulaca (Purslane), Fern-leaf Biscuit Root (Lomatium dissectum) Purified water, Emulsifying wax NF, Stearic a., Citric a. & Silver citrate.

**\$25.00 /60 ml or \$45.00 /120 ml**

### OLD AGE LIVER SPOTS CREAM

*Helps diminish the Old Age Spots that show up on the face and hands as you age.*

**Ingredients:** Morus nigra (Mulberry), Centella asiatica (Gotu kola), Glycyrrhiza glaba (Licorice root), Selenium, Soyabean oil.

**\$25.00 /60 ml or \$45.00 /120 ml**

### OLD AGE FACIAL WARTS CREAM

*Warts that grow on the face as one ages sometimes called "Barnacles of Old Age" can be annoying, itchy and cosmetically unpleasant.*

**Ingredients:** Thuja o. (White Cedar), Asclepias speciosa (Showy Milkweed), Alnus rubra (Red Alder), Melaleuca alternifolia (Tea Tree), Fern-leaf Biscuit root (Lavatum dissectum), Vit. C.

**\$25.00 /60 ml or \$45.00 /120 ml**

### CUSTOM ORDER CREAMS AND OILS

*Formulated for your specific needs.*

- **Osteo-formula:** Bone building.
- **Lumpy Bumpy Breast Cream:** Nourishes Breast Tissue.
- **Moisturizing Skin Oil:** Soften Skin
- **Lip Balms:** Soothe chapped lips.

## SPRAYS

### SORE THROAT SPRAY

*Spray unto sore, inflamed throats, Use as needed.*

**Ingredients:** Echinacea p. (Purple Cone Flower), Calendula o. (Marigold Flower), Hierochloe odorata (Sweet Grass).

**\$15.00/120 ml**

### BUG AWAY

*Helps to repel those pesky mosquitos and other biting bugs.*

**Ingredients:** Artemesia a. (Wormwood), Rosmarinus o. (Rosemary), Vanilia (Vanilla leaf), Hamamelis v. (Witch Hazel), Eucalyptus.

**\$15.00 /120 ml**

### ITCH AWAY

*Soothing balm to stop the itching and welting from mosquitos and insect bites.*

**Ingredients:** Hamamelis v. (Witch Hazel), Rosmarinus o. (Rosemary).

**\$15.00 /120 ml**

## MASSAGE OILS

### DEVIL'S CLUB & BIRCH BARK

*A sensuous massage oil combination of Devil's Club to help as an anti-inflammatory and the Birch to soothe the skin and muscles. Use as massage oil throughout your body. Leave on overnight and wash off with your morning bath.*

**Ingredients:** Oplopanax h. (Devil's club), Betula papyrifera (Paper Birch), Helianthus annus oil (Common Sunflower), Tocopherols (Vit E.), Serenity blend E.O.

**\$15.00 /120 ml**



### ST. JOHN'S WORT & FRANKINCENSE TEARS

*A sweet and soothing anti-anxiety massage oil to help oil away those tense sore muscles and put a glow in your skin. Use as a massage oil throughout your body. Leave on overnight and wash off with your morning bath.*

**Ingredients:** Hypericum p. (St John's wort), Boswellia c. (Frankincense gum), Helianthus a. oil (Sunflower), Tocopherols (Vitamin E.), Lavender, Geranium, Tea Tree, Chamomile.

**\$15.00 /120 ml**

## SOAPS

**Free from lauryl sulfates and chemical additives.**

Blue Pearl for Him	Bonsai-Citrus Ginger
Cedar	Devil's Club
Harmony	Hawaiian Lei for Her
Lavender Swirl	Lemon Grass
Sage	Sweet Grass
Wheat Germ Honey	White Cranberry
<b>\$6.00 per bar</b>	

*"I am semi-retired from a Family Medical Practice but make myself available as a Consultant and a Lecturer on various First Nations issues especially about Traditional medicine. I would be very happy to be invited into your community to harvest your local plants; teach your members how to make medicine from these plants from the point of view of melding the knowledge of Traditional and Technical knowledge accompanied with research."*

Thank you for using my Herbal Therapeutic Creams, Lotions, Soaps, Body Products and Facial Care Products. In 1991, I founded these Herbal Medicinal Products as "Green Blessings" to help my patients. Traditional Herbs are used whenever I can find them. Wild-Crafting these herbs seasonally is important to get the best results. The Ancestors gave us a core belief that healing is Physical, Emotional, Mental and Spiritual to have total healing. Enjoy these products and share in the Circle of Healing thus continuing the healing given to us by our Ancestors.

**TO ORDER PRODUCT OR INQUIRE ABOUT CLASSES,**

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**Phone: 604-702-1902**

**PAYMENTS as follows:**

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3. No credit cards or check payments.

**Email: [redshawlpaul62@gmail.com](mailto:redshawlpaul62@gmail.com)**

**#210-8985 Mary Street Chilliwack, BC V2P 4J4**

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## Handcrafted Products



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